

Northleach for Ukraine- May 2022



ITEMS FOR SOLDIERS:

- headlamps and torches (with batteries please)
- candles, lighters, camping stoves + gas
- cable ties (various sizes)
- underwear and socks (new please)
- male thermal underwear (new or very good condition)
- military clothes in good condition (helmets, knee pads and vets also required)
- boots in very good condition (size 7-11)
- batteries and power banks, battery chargers



FOOD:

- cans- fish, beans, ready soups, vegetables, meat
- sunflower oil, olive oil
- pasta, rice, groats
- energy bars, biscuits, dried fruits, nuts, sweets
- flavoured squash
- coffee, tea, sugar
- breakfast cereals
- bread spreads (Nutella, peanut butter etc)
- soups, instant soups
- mayo, ketchup
- salt & seasonings
- long life milk



FOR WOMEN:

- toothbrushes and toothpaste
- wet wipes
- shampoos, conditioners
- soaps, shower gels
- women hygiene products (tampons & pads)



FOR KIDS & BABIES:

- Toys in good condition
- Nappies and baby wipes
- Baby food, formula, jars
- Baby treats, biscuits
- Milk bottles
- Crayons & colouring books



HOUSEHOLD PRODUCTS FOR REFUGEES' CENTRE:

- toilet paper and kitchen towels
- washing up liquids, washing powder/ caps, washing sponges
- house cleaning sprays



MEDICAL SUPPLIES:

- painkillers, antibiotics
- bandages, dressings
- disinfectants for wounds
- tourniquets, first aid boxes



PET Food in small packaging or tins.